



**DEPARTMENT OF THE AIR FORCE  
HEADQUARTERS 9TH RECONNAISSANCE WING (ACC)  
BEALE AIR FORCE BASE, CALIFORNIA**

14 August 2023

MEMORANDUM FOR RECORD

TO: 9 CONS/PKB

FROM: 9 MDG/SGPZ

SUBJECT: Statement of Need for Operational Support Team (OST) Fitness Trailer

1. **Purpose:** The OST fitness trailer will our team the ability to bring physical resiliency to the unit that we are embedded. The spread-out location of the installation with the fitness areas only on Main base and units on the Flightline reduces the ability of those Squadrons to participate in fitness. Access to equipment during our embedment's can show how health and readiness can be improved by those Squadrons. This physical activity has been shown to reduce injuries and increase the Readiness of the Squadron.
2. **Requirements:** The contractor shall provide:
  - a. One time purchase of a Fitness trailer 12' Long by 6' wide with dual axles and the ability to be towed by trailer hitch on a truck (no goose neck attachment). Total length of the trailer should not exceed 16'4" and width should not exceed 8' without the strength racks. The trailer should have 2 folding squat racks (one on each side) with a rear pull up rack. Electric trailer brakes must be part of the trailer equipment in addition to a 7-pin trailer plug. The trailer should also have the team logo, displayed on the outside. The logo will be placed on both sides of the trailer and the door at the back end of the trailer. The OST logo will be placed on both sides of the trailer and the door at the back end of the trailer. Logo size should be 2 feet in diameter. Lastly, integrated storage racks and systems for the below listed equipment are needed.
  - b. The trailer package must include the following equipment and the ability to store and secure the equipment within the trailer for transport:
    - c. 45 LB BUMPER PLATE (SINGLE)-6
    - d. 25 LB BUMPER PLATE (SINGLE)-6
    - e. 15 LB BUMPER PLATE (SINGLE)-6
    - f. 10 LB BUMPER PLATE (SINGLE)-6
    - g. 20KG BARBELL-3
    - h. 15 KG BARBELL-1
    - i. SPRING BAR COLLAR-3
    - j. CHALK BAG-1
    - k. 8 KG KETTLEBELL-1
    - l. 12 KG KETTLEBELL-2

- m. 16 KG KETTLEBELL-2
- n. 20 KG KETTLEBELL-2
- o. 24 KG KETTLEBELL-1
- p. RUBBER HEX DUMBBELL SINGLE 10LB-2
- q. RUBBER HEX DUMBBELL SINGLE 15LB-2
- r. RUBBER HEX DUMBBELL SINGLE 20LB-2
- s. RUBBER HEX DUMBBELL SINGLE 25LB-2
- t. RUBBER HEX DUMBBELL SINGLE 30LB-2
- u. RUBBER HEX DUMBBELL SINGLE 35LB-2
- v. RUBBER HEX DUMBBELL SINGLE 40LB-2
- w. 9" 10 LB MED BALL-1
- x. 14" 12 LB MED BALL-1
- y. 14" 14 LB MED BALL-1
- z. 14" 16 LB MED BALL-1
- aa. 14" 18 LB MED BALL-1
- bb. 14" 20 LB MED BALL-1
- cc. ADJUSTABLE BENCH-1
- dd. BATTLING ROPE 30'-1
- ee. TRX COMMERCIAL SUSPENSION TRAINER-1
- ff. (PURPLE)-1
- gg. STROOPS SLASTIX 36 IN LIGHT RESISTANCE (YELLOW)-1
- hh. STROOPS SLASTIX IN 36 IN MEDIUM RESISTANCE (RED)-1
- ii. STROOPS SLASTIX 36 IN HEAVY RESISTANCE (BLUE)-1
- jj. STROOPS SLASTIX 36 IN VERY HEAVY RESISTANCE (GREEN)-1
- kk. STROOPS TEXTURED GRIP HANDLE (SINGLE)-2
- ll. AGILITY CONES 20 PACK-1
- mm. AGILITY LADDER 15'-1
- nn. JUMP ROPE-2
- oo. 3-IN-1 PLYO BOX - 20" X 24" X 30-1
- pp. MOBILITY BANDS LIGHT 1/2" THICK-2
- qq. MOBILITY BANDS HEAVY 1" THICK-2
- rr. RECOVERY BALL/LACROSSE BALL-2
- ss. FOAM ROLLER/STICK-2
- tt. HEAVY EQUIPMENT ACCESSORY LOAD OUT (including 2 additional shelves)
- uu. FUNCTIONAL STUMP WITH 3x3 TUBE. (Compatible with landmine and battling rope hook)
- vv. GRAPPLER FOR STANDARD PUSH POP LEG

3. **Delivery Date/Location:** Equipment shall be delivered within 180 days of purchase to the Beale Medical Group, upon approval of equipment and receipt of all required parts (inspect and acceptance), One- time in person operator training shall be coordinated with requirement owner to show how to set up and store all equipment.

